Headwaters Lacrosse 7th/8th Boys

Season: February 28th - June 11th

Philosophy: All skill levels are welcome with a concentration on improving skills, building confidence on and off the field, instilling the importance of team, integrity and community, and nurturing a passion for the game as a competitive MYLA program. In 2023, we are going to have 2 even teams for our MYLA schedule and then tier the teams for our travel tournaments.

We believe this gives a better experience and variety of games during the MYLA weekends while also providing the competitive opportunity for the travel tournaments. Further, this allows our coaches to have more time evaluating players at the beginning of the season. Since both teams will be participating during the tiered weekends there may be adjustments throughout the season. Being on the "A" team for one tournament does not guarantee your place for the next one and we also need to consider the various position groups and needs for each team.

Format: 10 v 10

teams: 2

Coaches:

Head Coach - Liam Stewart <u>liam6143@gmail.com</u> Assistants - Mark Aamot Head Coach - Brandon Hayslett <u>bhaysl3tt@gmail.com</u> Assistants - Joe Russo & Lisa Danzl-Scott

Game Schedule:

4/8	Billings
4/15	Great Falls
4/22-23	Kalispell (Tiered teams)
4/29-30	Missoula
5/6	Bozeman
5/13	Off
5/20-21	Coeur d'Alene (Tiered teams)
5/27	Off
6/3	Park City (1 team)
6/10-11	Headwaters Classic (Tiered teams)



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Practice Schedule:

Indoor: Feb 28, Mar 7 @ Fairgrounds, Mar 1 @ Chief Joseph Outdoor: as soon as weather allows at Oak Springs Park Tuesdays/Wednesday/Thursdays: 4:30pm-6pm

Boy's Required Equipment

Boy's lacrosse stick, helmet - equipped with face mask, chin pad and a cupped four point chin strap fastened to all four hookups, must be worn by all players. High school players are required to have all white helmets. Any color of helmet is allowed at the youth level but for future planning, it's a good idea to purchase white with white trim. Mouthpiece, gloves, shoulder pads (ND200 approved), elbow pads, protective cup and Cleats.